

**More
prevention
doesn't
always
mean lower
cholesterol**



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Test to prevent hypercholesterolemia

Who is it for?

Everyone with a family history of hypercholesterolemia (high cholesterol, especially of the LDL type) or other cardiovascular diseases. Others who may benefit include people known to have high cholesterol or certain risk factors such as fast-food intake, a sedentary lifestyle, overweight people, individuals with alcoholism, and smokers.

What does it involve?

This test screens for 167 variants in 6 genes responsible for the disease.

1. All we need is a **simple blood test**.
2. Results are available **15 business days**.

Why is it advisable to have this test done?

Familial hypercholesterolemia is a hereditary condition, and there is a 50% chance that the disease will be passed on from parents to children. In Spain there are 100,000 people with the disease. Many are unaware of their condition, which increases their risk of heart attack at a young age. That's why it is important to **stay ahead of the disease by adapting one's diet and finding the right drug therapy**.

This test is outsourced to an external laboratory, which will assume liability over the test results and the information on these results given to patients.



Quirónsalud Patient Portal

Access test results and manage your appointments at quironsalud.es or by downloading our app.

Quirónsalud, health person by person.

Over 100 hospitals, institutes, and other care facilities devoted to your health in 13 regions in Spain: Andalusia | Aragon | Balearic Islands | Canary Islands | Castile-La Mancha | Catalonia | Valencia | Extremadura | Galicia | Madrid | Murcia | Navarre | Basque Country